WHAT IS CLAIMED IS:

1. A medical testing method comprising the steps of:

   providing test sensors for a subject;

   coupling said test sensors to said subject;

   coupling said test sensors to apparatus having access to the Internet;

   operating said apparatus to automatically obtain test measurement data from said test

sensors; and

   uploading said test measurement data via the Internet to a location remote from said

subject.

10 2. A medical testing method in accordance with claim 1, comprising:

   providing a server at said remote location; and

   processing said test measurement data at central server to produce processed data.

3. A medical testing method in accordance with claim 2, comprising:

   downloading said processed data from said server to said apparatus; and

15 displaying said processed data at said apparatus.

4. A medical testing method in accordance with claim 3, comprising:

   downloading said processed data via the Internet.

5. A medical testing method in accordance with claim 3, comprising:

   receiving a request at said server from second apparatus, said request being

20 to obtain said processed data; and

   transmitting said processed data to said second apparatus.

6. A medical testing method in accordance with claim 5, comprising:

   receiving said request via the Internet.

7. A medical testing method in accordance with claim 6, comprising:

   transmitting said processed data to said second apparatus via the Internet.

8. A medical testing method in accordance with claim 2, comprising:

   storing said processed data in a database.

5 9. A medical testing method in accordance with claim 8, comprising:

   storing additional processed data for said subject in said database.

10. A medical testing method in accordance with claim 9, comprising:

automatically storing processed data for test measurement data obtained at different times for said subject as said additional processed data.

5   11. A medical testing method in accordance with claim 10, comprising:

providing an analysis program- to analyze historical test measurement data obtained from said database to provide second processed data.

12. A medical testing method in accordance with claim 11, comprising:

transmitting said second processed data from said central server to said apparatus; and

10   displaying said second processed data at said apparatus.

13. A medical testing method in accordance with claim 12, comprising:

transmitting said second processed data via the Internet.

14. A medical testing method in accordance with claim 12, comprising:

receiving a second request at said central server from second apparatus, said

15 request being to obtain said second processed data; and

transmitting said second processed data to said second apparatus.

15. A medical testing method in accordance with claim 14, comprising:

receiving said second request via the Internet.

16. A medical testing method in accordance with claim 15, comprising:

20   transmitting said second processed data to said second apparatus via the Internet.

17. A medical testing method in accordance with claim 16, comprising:

encrypting said second processed data at said central server; and

decrypting said encrypted data at said second apparatus.

18. A medical testing method in accordance with claim 1, comprising:

providing multimedia interface means at said apparatus; and

utilizing said multimedia interface means to communicate test instruction information to said subject.

19. A medical testing method in accordance with claim 18, comprising:

receiving said test instruction information via the Internet.

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20. A medical testing method in accordance with claim 18, comprising:

receiving said test instruction information from a central server coupled to the Internet.